



THIENSVILLE - MEQUON

ROTARIAN

Tuesday, October 4, 1982

Today was our first meeting back at Stemmler's after enjoying our summer picnic meetings at "Cooney Commons". We're all grateful to Clara Plautz for the use of her back yard and facilities. Thanks, Clara.

Vice-president Sandy Custer has announced the following program schedule:

- October 12 - Tony Rubiano will talk on Executive Fitness
- October 19 - Dave Enright, Homestead Recreational Director
- October 26 - Joseph M. Ziabicki, District Governor
- November 2 - Don Quintenz, Audubon Society
- November 9 - John Born, Concordia College
- November 16 - Induction of New Members and Thumbnail Sketches by new members (Suttmiller, Burkhardt, Geer, Boers)

All Committee Chairmen must submit their written reports covering plans for the year to President Sigmund by October 10, 1982.

The Club approved a change in the T-M Rotary Foundation bylaws to change the \$1000 scholarship to a \$1000 gift to the Mequon Library Foundation.

We still need an editor for the newsletter.

Guests: Ralph Bluhm, guest of John Rosenberger; Ben Santos, guest of Bob Jacobs; Gordon Gardner, guest of Gary Clarke.

Missing the Action: Boers, Bublitz, Casey, Gibb, Geer, Herro, Huiras, Knuth, Meer, T. Schmit, Sheridan, Smith, Thompto, and Wiese.

NEARBY CLUBS FOR MAKE-UPS

Monday	12:15	Kuglitsch's Arcade	384-8780	West Milwaukee
Monday	12:15	Ni no's Steak Ranch, 5353 N. Port Rd.	964-8450	Milwaukee North Shore
Monday	12:15	Smith Brothers	342-4050	Port Washington
Monday	12:10	Elks Club	762-6118	Waukesha
Tuesday	12:00	War Memorial Center	273-5533	Milwaukee
Tuesday	12:15	Elm Grove American Legion Post	782-9782	Brookfield
Tuesday	12:10	Etzel's	251-9923	Germantown
Tuesday	12:15	Stemmler's White Coach Inn - Thiensville	242-9995	Thiensville-Mequon
Wednesday	12:10	Heritage House	782-6260	New Berlin
Wednesday	12:10	Lohmann's	251-8430	Menomonee Falls
Wednesday	12:10	Mitchell Field Dining Room	747-5230	Mitchell Field
Thursday	12:00	Tanner-Paul Legion Post	476-0434	West Allis
Thursday	12:15	Grafton Hotel	377-4100	Grafton-Cedarburg
Friday	12:10	Linden Inn - Cedar Lake	644-5542	Slinger
Friday	12:15	Elks Club - 5555W Good Hope	353-2900	Milwaukee Northwest

Tuesday, October 12, 1982

The meeting was called to order by President Don Sigmund, followed by several announcements:

1. Rotary International needs help with its 3H program. Doctors and dentists are needed.
2. Rotary is now beginning its search for 1984-85 scholars. Suggestions needed.
3. November 14-20 is designated as Rotary Foundation Week. Any suggestions for Paul Harris Fellows?
4. The 1983 Rotary International Convention will be held in Toronto. Should we have representation?
5. Bob Jacobs was introduced and he displayed, with appropriate comments, a plaque which has been awarded to the T-M Rotary Club in recognition of club services and sponsorship on behalf of Boy Scouts.
6. The District Governor will visit the T-M Club October 26, 1982

PROGRAM: Tony Rubiano, of the Physical Fitness Institute, presented a demonstration talk on executive fitness and physical fitness in general. He pointed out that due to automation and various sedentary activities and habits, we have become a nation of physically unfit people. To combat this, he suggested an exercise program to alleviate back problems, minimize heart problems, lower blood pressure, firm and tone up the body, slow the aging process, strengthen the cardio-vascular system, etc. One reason we don't follow a regular exercise program is the press of time, so he proceeded to show how it could be accomplished in one-third the time normally needed. He discussed three kinds of exercises 1) isometrics, the push and pull against immovable objects, 2) isotonics, moving the muscles through repetitive motion such as sit-up, push-ups, etc., and 3) isokinetics, a program developed for astronauts and outer space travelers, but also used extensively by professional athletes. The Apollo Exerciser, weighing less than 3 lbs. was demonstrated by Rubiano and several Rotarians.

VISITING ROTARIANS: Mac Powell, West Bend; Bob Davis, Loren Fritz, and Bill Wernecke, all from Cedarburg-Grafton; and Dave O'Connor, Milwaukee.

OTHER GUESTS: Tim Gibb, guest of Dan Gibb; and Tony Rubiano, guest of the Club.

MISSING T-M ROTARIANS: Bublitz, Burkhardt, Clarke, Colburn, Geer, Herro, Hiliman, Moriarty, Payerl, H. Scshmit, Smith, Spella, Starobin, Steffen, and Suttmiller. Your secretary is expecting 15 make-up cards.

SEE YOU AT ROTARY

TUESDAY, OCTOBER 19, 1982

The meeting was called to order by President Don Sigmund, who made the following announcements:

1. A Rotary Information Seminar will be held in Kohler on November 13 (Saturday) beginning at 8:30 A.M. and lasting all day. This would be good for officers and directors.
2. On October 26, 1982 our District Governor, Joseph M. Ziabicki will visit the T-M Club.

PROGRAM: Dave Enright, Recreation Director for the Mequon-Thiensville School District, presented the program. He is a graduate of the University of Wisconsin-La Crosse, a Marine Corps veteran, and a native of the Milwaukee area. Before coming to Mequon-Thiensville, Dave was Recreation Director at Oconomowoc. He pointed out that the goal of his department is to provide leisure-time services and activities for people of all ages in the M-T community. He also indicated the Recreation Department budget is down this year, costing each M-T family about \$6.50 for the year. Areas to be pursued this year are: 1) better community utilization of the Homestead swimming pool, and 2) more programs for older adults (60 on up). An attempt is being made to have all activities self-supporting as much as possible. Dave gave some general comments on his understanding of the M-T community. One Rotarian questioned the labeling of Mequon-Thiensville as a "bedroom community".

VISITING ROTARIAN: Dan Burkett, Cedarburg-Grafton

OTHER GUESTS: Keith Steffen, guest of Harry Steffen; Jim Stowell, guest of Tom Boers; and Dave Enright, guest of the Club.

MISSING T-M ROTARIANS: Burkhardt, Casey, T. Egelhoff, Elbe, Eldridge, Gibb, Herro, Huiras, McNabb, Meer, Moriarty, T. Schmit, Schober, Sheridan, Spella, Thompto, Walenton, Wells. Make-ups are in order.

DID YOU KNOW, as of August 31, 1982, there were 19,836 Rotary clubs, and an estimated 909,750 Rotarians in 157 countries. Since July 1, 1982, there were 52 new clubs admitted in 24 countries.

Tuesday, October 26, 1982

Prior to the meeting, beginning about 10:30, District Governor Joseph M. Ziabicki met with T-M Rotary Club officers, directors, and committee chairmen. It was a down-to-earth, give and take stimulating get-together. We have an excellent Governor who can make his points with a minimum of verbosity. Among them:

1. The Governor has two high priority goals for our district this year.
 - A. We must stress membership development. Membership decline has become a fact in the U.S. and Canada, as compared to the rest of the Rotary world.
 - B. We are asked to stress Rotary information in as many ways as possible. This generated considerable discussion as to means, resources, materials, etc.
2. Other suggestions for the club were: a) think about community projects in which all club members can participate, b) support Rotary Foundation. R.I. is exerting pressure on this goal. Support is suggested in the form of money with a goal of \$30 per member, and c) think about other projects such as a senior citizen project (Racine has an \$8000 project), and student projects (Racine has a \$9000 post-prom program). We explained that our club has 15 years' experience with post-proms.

MEETING: President Sigmund called the meeting to order at 12:15 on the dot. It appeared to be a full house, and tender juicy steak was on the menu.

PROGRAM: The Governor was welcomed with a standing ovation. His address was the program. Governor Joseph Ziabicki was born in Leningrad, grew up in Finland, and went to school in Poland. When Poland was invaded in 1939, he was captured by the Germans and held prisoner for five years. Joe came to the U.S. in 1952 and has his own business in Racine, where he has served on numerous committees and projects. During 1977-78 he was president of the Racine Rotary Club.

Governor Ziabicki commended us as an outstanding club, with good officers, etc. He expects us to have a successful year. He then went into a discussion about the meaning of Rotary, formulating his remarks around the four avenues of service:

1. Club Service: For the first time in history, Rotary is declining in membership. We must reverse this. Membership development is a top priority goal, and classifications have been loosened up which may help the membership drive. Our club was commended for good attendance, fellowship, and bulletin; but he indicated that Rotary Information needs attention.
2. Vocational Service: Be yourself, honest, unselfish, hard-working, and abide by Rotary ethical standards.
3. Community Service: There are unlimited possibilities.
4. International Service: There are over 900,000 Rotarians in the world. Sending students abroad is desirable as a way to build world understanding and peace. Rotary Foundation provides scholarships for over 1200 university students each year. In addition, there are other kinds of exchange programs. All clubs contribute to Rotary Foundation to support these projects, including this year's 3H program (Health, Hunger, Humanity).

VISITING ROTARIANS: Harry Sanders, Carl Edquist of Cedarburg-Grafton.

OTHER GUESTS: Elmer Pipkorn, guest of George Witte; Governor Ziabicki and Al Simonsen, guests of the Club, and members of Racine Rotary Club.

MISSING ROTARIANS: Bublitz, Colburn, C. Egelhoff, Fischer, Gibb, Geer, Hillman, Kurth, Lind, Riemer, Suttmiller, Wells, Wiese.

SEE YOU AT ROTARY!