



ROTARY NEWSLETTER

THIENSVILLE – MEQUON

TUESDAY, February 6, 1990 - Boder's-on-the-River

1. Weather--warm today and to be warmer tomorrow.
2. Important dates:
March 24 - District Youth Music Festival at Whitefish Bay HS.
March 31 - District Assembly at American Club at Kohler.
April 27-29 - Annual District Conference at Fontana (free breakfast).
June 10-15 - World Affairs Seminar at UW-Whitewater.
3. Karle Naggs Wants You! Karle is coordinating attendance for T-M Rotary at the Annual District Conference at the Abbey in Fontana. The dates are April 27-28-29. There are significant "early bird savings" if registration is received by March 3, 1990. Save up to \$75 per couple or \$50 per individual. Please contact Karle by February 27 to obtain these substantial savings, which is just like putting money in the bank. See Karle and receive his sales pitch. He wants you there, and so does Berg for the big T-M Rotary breakfast bash. This is a great Rotary experience; and if you have never been there, you should go. Old-timers wouldn't miss it for anything. You can learn a lot, enjoy the great fellowship, and develop acquaintanceships with other Rotarians in the District. You will come home all pumped up.
4. New meeting places!! According to the January District Newsletter:
(a) The Northeast Milwaukee Sunrise Club is back at Pandl's in Bayside on Thursday--7:00am. (b) The Milwaukee North Sunrise Club is now meeting at the Milwaukee Club, 706 N. Jefferson Street, on Wednesdays at 7:00 a.m.
5. Don't forget our current fund raiser project (operation trim down). Get your pledges in to Chairman Joe Fenzel by February 27.
6. Stan Smith will be working on the Charter Night for the new breakfast club. If he asks for your help, be sure to pitch in. REMEMBER, A GOOD ROTARIAN NEVER TURNS DOWN A JOB OR ASSIGNMENT HE IS ASKED TO TAKE.
7. Emily Erickson is working on an up-date of your personal Rotary Directory (the little black book).

PROGRAM

John Riley introduced Penny Clark and Wendy Barber, Youth Exchange Students from Brazil. Penny narrated a slide show which covered her host families, her school, presentation of Rotary flags, cities, travels, Rotary conferences, activities, marketplaces, forest cutting operations, state buildings, water areas, Brazilian music, etc. Flags were exchanged. Questions followed and there was a discussion of the election which was held while she was there.

VISITING ROTARIANS: Mark Dawson (Miles. NE); Mal Hepburn (Cedarburg-Grafton).

OTHER GUESTS: Joe Haen (Lind); Amez Bonnetar, Inger & Ingrid Riley (John Riley).

ABSENT T-M ROTARIANS: Brault, Brown, Egelhoff, Fromm, Gibb, Glick, Hatzinger, Huiras, Kellner, B. Kurth, J. Kurth, Loucks, MacDonald, McNabb, Meer, Mikkelson, Moriarty, Pukaite, Riemer, Ross, Sheridan, Sigmund, Sommer, Steingart, Stone, Vanderspool, Wells, Wiese, Wilke.

MAKEUPS: Sommer, Kachel, Brown, Naggs, Smith, Fenzel.

ATTENDANCE RANK: T-M Rotary tied for 22nd place in December attendance, which dropped us a notch to sixth place for year-to-date. Good old Slinger-Allenton is still numero uno in both categories, with West Bend in second for year-to-date.

RAY REUTER'S TROUBLES:

Suffering a bout with "shingles", and lamenting his messed up Mercedes-Benz, Ray is now trying to adjust an accident claim (see enclosed letter describing same). I am sure Ray, or Louise, or Alice will straighten it out.

PLATITUDINOUS PREACHMENT:

"Gaining power is easy; keeping it is hard." (Ask Mikhail Gorbachev).

SEE YOU AT ROTARY!

TUESDAY, February 13, 1990 - Boder's-on-the-River

ANNOUNCEMENTS, NEWS AND NOTES:

1. The Dow is up three, but the weather is going down.
2. The new breakfast club continues to make progress. It looks like Charter Night may be in April.
3. President Karl apprised the club of the fact that our attendance has fallen off, plummeting us to 22nd in December.
4. Joe Fenzel gave an up-date report on our current fund raising project (Operation Me t Down). About 20% of the membership has responded with their pledge cards, and the rest will be contacted. To date about \$3,600 has been pledged or paid. The goal is \$8,000. Get your pledges in.
5. Fireside Chat coming up. Sandy Custer announced that it would be held at his house on March 15, at 7:30 p.m. It is specifically for new members, but others are welcome. The purpose is to provide orientation into all aspects of Rotary, and raise and answer questions about Rotary. It should be a worth-while experience and good for everybody.
6. Reminder again on important Rotary dates:
March 15 - Fireside Chat at Custer's, 7:30 p.m.
March 24 - District Youth Music Festival at Whitefish Bay HS.
March 31 - District Assembly at American Club in Kohler.
April 27-29 - Annual District Conference at Fontana (sign up with Naggs)

PROGRAM

Chet Worzella introduced Mary and Fred Dohmen, longtime Mequon residents, who have visited many of the wild and untamed parts of the world. Fred is very good with a camera. They have been all over Africa, South America and Central America. Today, they presented a slide and talk show on the tropical rain forest of South America and the temperate rain forest of Central America. They started us at the mouth of the Orinoco River in Venezuela, later up the Amazon in Brazil, and ended with Costa Rica and the Panama Canal. Their small group was made up of intrepid travelers who didn't mind "roughing it" in some of the wildest parts of the world. The group contained many experts such as naturalists, biologists, anthropologists, botanists, zoologists, etc. Fred and Mary made two trips. Using pictures they described the villages, Natives along the rivers, mode of living. In addition to the places already mentioned, they made stops in French Guiana with visits to the penal colonies, including Devil's Island, which are no longer in use. They showed marvelous pictures of the plant and animal life in the rain forests. They explained the different levels of life from land up to the tree tops; and they especially pointed out the fragile nature of the ecosystem in that part of the world. The drainage basin of the Amazon contains 20% of the world's fresh water. At the rate man is cutting the rain forests will be gone by the year 2000. Many of the world's medicines come from the rain forest. A wonderful program.

VISITING ROTARIANS: Jim Wiensch (Milwaukee).

OTHER GUESTS: Marlene Worzella (Chet); Peter Van Driest (Brown); Tom Levin (Fisher).

ABSENT T-M ROTARIANS: Banchy, Bleiler, Eckl, Egelhoff, Eldredge, Fromm, Glick, Hansen, Hatzinger, Holtz, Huiras, Johannes, B. Kurth, Loucks, MacDonald, McNabb, Meer, Mikkelson, O'Connor, Riemer, Ronzheimer, Ross, Sheridan, Sigmund, Smith, Sobczak, Sommer, Stone, Vanderspool, Walker, Wells, Wiese (total of 32 - You guys really missed a good one).

MAKEUPS: None reported (get on the stick, guys).

QUESTIONS ABOUT ROTARY:

1. When did Rotary become an international organization?
Answer: With the admission of Rotary Club of Winnipeg, Canada, in 1911.
2. Where and when was the first Rotary Convention held outside of the U.S.?
Answer: 1920-21 in Edinburgh, Scotland. The Convention adopted peace and good will as part of the object of Rotary.

RONZHEIMER SAYS:

"One of the best tests of religion is to find yourself in church with nothing less than a \$20 bill in your wallet."

SEE YOU AT ROTARY!!

TUESDAY, February 20, 1990 - Boder's-on-the-River

ANNOUNCEMENTS, NEWS AND NOTES:

1. The Dow is down 47 points, but it will be warmer tomorrow.
2. Dates to keep in mind:
 - March 15 - Fireside Chat at Sandy Custer's, 7:30 p.m.
 - March 24 - District Youth Music Festival, Whitefish Bay HS (see Bolz for tickets).
 - March 31 - District Assembly at American Club in Kohler
 - April 27-29 - Annual District Conference at The Abbey in Fontana (sign up with Naggs).
 - May 9 - Charter Night for the Mequon-Thiensville Sunrise Club, at Ozaukee Country Club (the date is probably firm).

PROGRAM:

Chet Worzella introduced Anne Rulle, a registered dietician, who addressed the club on the subject "Cholesterol In Your Diet." Her main premise was that there are things that can be done to lower our cholesterol levels, and that there is a definite relationship between diet and health. The leading cause of death is heart disease, mostly due to clogged arteries. Much of this heart disease is preventable. The three major risk factors in heart disease are: (1) cholesterol, (2) smoking, and (3) high blood pressure. A cholesterol level over 239 puts us at risk. We should eat less saturated fat and she ticked off the common foods to beware of. Cholesterol is found only in animal fats (eggs, meats, dairy products, etc.), but also watch out for coconut and palm oils. She explained how to pick out meat and dairy products for lower cholesterol content. Redder is leaner. Watch out for sandwich meats. Fish is very good. Two percent milk cuts the fat content in half compared to whole milk. Soft cheese is better than hard cheese. The better ice creams have 60-70% fat content. Lots of fiber in your diet can soak up a lot of cholesterol and keep it out of the blood stream. That means lots of grains, broccoli, carrots, beans, etc. There were questions and several remained to ask questions after the 1:30 adjournment.

VISITING ROTARIANS: Mal Hepburn (Cedarburg-Grafton).

OTHER GUESTS: Jean Hill (Peterson)

ABSENT T-M ROTARIANS:

Banchy, Bleiler, Brown, Casey, Eckl, Egelhoff, Erickson, Fromm, Glick, Hansen, Hatzinger, Hiltgen, Holtz, Huiras, Johannes, Kachel (floating in the Caribbean), B. Kurth, Liebscher (was there), Loucks, MacDonald, McNabb, Meer, Mikkelson, Mohr, Naggs, Perlberg, Riemer, Ross, Sass, Smith, Sommer, Starobin, Steingart, Stone, Vanderspool, Wilke. (Total of 34)

MAKEUPS: Stone, Wiese (2), Berg, O'Connor, Eldredge

QUESTIONS ABOUT ROTARY :

1. Question: Before he became a lawyer, what occupation did Paul Harris pursue? Newspaper Reporter? Cowboy? Traveling Salesman? Actor?
Answer: All of the above. He also worked as a fruit packer, a night clerk in a hotel and a purchasing agent.
2. How many attended the first Rotary meeting?
Answer: Four (Paul Harris, Hiram Shorey, Gus Loehr, Sylvester Shiele).

CIRCUS TRIVIA:

Among performing wild animals the tiger is more intelligent than the lion; he can be taught more tricks. He will walk a wire and jump through hoops. His reflexes are quicker--and he is less predictable. The lion slows down and becomes inured to captivity. The tiger never; the older he grows, the more dangerous he becomes, the quicker to sense a flaw in his trainer's guard. All cats are moody. Such things as an insect bite, sudden noise, a toothache, indigestion, exploding flash bulb may cause violent rages. The trainer must be on the alert for these outbursts. A lion fiercely snarling on a pedestal is merely having fun. When he quietly lays back his ears and slinks or crouches, he has become deadly. He is particularly treacherous in a muddy arena, because he hates to get his feet wet. Trainers say that the cats actually like to perform, that they enjoy the freedom of the Big Cage after the confinement of their cramped living quarters. They look forward to their act as an opportunity to leap, stretch and indulge in exercises.

PLATITUDINOUS PREACHMENT: "Standing on your dignity makes for poor footing." (Glasow)

ROTARILY YOURS!

TUESDAY, February 27, 1990 - Boder's-on-the-River

ANNOUNCEMENTS, NEWS AND NOTES:

1. The Dow is up 22, temperature falling but warmer later in the week.
2. Registrations for District Conference should be in by March 1st. Contact Karle Naggs. You can save \$75.00 by registering by March 1st.
3. Tickets for the District Youth Music Festival can be obtained from Frank Bolz. The word is that Frank has disposed of 30 tickets. See Frank if you need some. Our fund raising chairman have their eyes on Frank.
4. Bob Briese had another official weigh-in. He is now down to 196 (from 212). He thinks he is one-third of the way to his goal. Meanwhile Fenzel wants you to get your pledges or contributions in. He has 26 in so far.
5. Fine!! Karl Hertz was fined \$10.00 because of an article in the paper announcing his selection as one of the top 100 school administrators in the U.S.A. Success costs.
6. Discussion was had on our summer fund raiser (formerly called the Brat Fry and Corn Roast). Chairman Peterson indicated that things would be a little different this year. The theme will be Hawaiian. If you have ideas, get them to Peterson. The committee expects to wrap up plans in a month.
7. Stan Smith has asked for a T-M Rotary Foundation report at our next business meeting. It will be given.

PROGRAM:

Amy Neurnberg, student at Homestead H.S., played a ten minute violin selection which she will do at the District Youth Festival on March 24th. She will represent T-M Rotary, and she is very good. We will be proud of her.

COMING PROGRAMS FOR MARCH:

March 6 - Dr. Herbert Grover, State Supt. of Public Instruction

March 13 - David Allardice, Federal Reserve Bank in Chicago

March 20 - Dr. Drew Palin, Sports Medicine

March 27 - Business Meeting

NOTICE:

The T-M Rotary membership list is included in this newsletter. Please save it for future reference. Each printing costs money.

VISITING ROTARIANS:

Herb Mahler and Jim Wiensch (Milwaukee DT); Mal Hepburn, Warren Knorr, Dave Regan, Bob Howey, Don Levy (all from Cedarburg-Grafton).

OTHER GUESTS:

Alice Schimmelpfenig (Reuter); Ingrid Riley (John Riley); Ben Levy (Don Levy).

ABSENT T-M ROTARIANS:

Bardenwerper, Bleiler, Bolz, Egelhoff, Eldredge, Fromm, Glick, Gruenwald, Hatzinger, Huiras, Jacobs, B. Kurth, Loucks, McNabb, Meer, Mikkelson, Moriarty, Pukaite, Riemer, Ronzheimer, Ross, Sass, Sobczak, Sommer, Starobin, Steingart, Stone, Thompto, Vanderspool, Von Rueden, Wells, Wiese, Winnemann, (total of 33 - we need makeups).

MAKEUPS:

Kachel, Mac Donald (2), Naggs (2), Erickson, Eckl

QUESTIONS ABOUT ROTARY:

1. Is Rotary growing?
Answer: Yes, in recent years at an average of 575 clubs per year.
2. Which city has not been home to a Rotary Club? Havana? Peking? Warsaw? Moscow, USSR?
Answer: Moscow, USSR.
3. What was the first Rotary Club in a non-English speaking country?
Answer: Havana, Cuba, in 1916.

PLATITUDINOUS PREACHMENT:

"Luck is infatuated with the efficient" (Persian Proverb).

SEE YOU AT ROTARY!!